

Shofar



Temple Beth El

“Where Judaism Lives”



September, 2021 • Elul/Tishrei 5781

Volume 79, Issue 1

High Holy Days 5782



DAYS OF AWE SCHEDULE

NOTE: All services except Tashlikh will be by Zoom

Saturday	August 29	S'llichot	8:00 PM
Monday	September 6	Rosh Hashanah Evening Service	7:00 PM
Tuesday	September 7	Rosh Hashanah Morning Service	10:00 AM
Friday	September 10	Shabbat Shuvah Evening Services	7:00 PM
Saturday	September 11	Pirkei Avot Study	4:30 PM
Sunday	September 12	Tashlikh @ Mill Creek Park	3:00 PM
Wednesday	September 15	Kol Nidrei Evening Service	6:30 PM
Thursday	September 16	Yom Kippur Morning Service	10:00 AM
Thursday	September 16	Study Sessions	12:00 Noon
Thursday	September 16	Afternoon Service	4:30 PM
Thursday	September 16	Yizkor	5:30 PM
Thursday	September 16	Ne'ilah/Havdalah	6:15 PM
Monday	September 20	Sukkot Service	6:30 PM
Tuesday	September 28	Simchat Torah Service	7:00 PM

Temple Beth El is affiliated with:



www.TempleBethElBakersfield.org

Services in our [Zoom Room, 661 322 7607](#)
and by [livestream on Facebook](#)

Starting Anew During a Pandemic



So which is it? A New Year? Or more of the old? If you are anything like me, you too feel a sense of cognitive dissonance between the all-too-familiar continuation of Zoom living on the one hand, and the new school year and Jewish holidays on the other. Our religious holiday cycle speaks of refreshing our lives: Rosh Hashanah, the Jewish New Year, inspires us to remember that just as *Hayom harat olam*, “Today is the birth of the world,” so, too, we can be reborn. Yom Kippur, with its promise of atonement for our transgressions if we do *t’shuvah* (“repentance”), teaches us that the freshness of life—the ways in which each day is different, blessed, and filled with Gd’s glory—is made possible by our sincere efforts to change course, away from the ruts of the patterns that interfere with growth, and instead embark on altogether new pathways. And Sukkot, a harvest festival which also reminds us of the dire need for water to sustain life, challenges us to acknowledge the bounty of our lives as not a guarantee but rather a gift, culminated by Hoshanah Rabbah in which we actually celebrate the life-giving rains and Shemini Atzeret in which we actually pray for the rains to seed our growth, perhaps both literally and figuratively. This is a season of newness, renewal, rebirth, on both physical and spiritual levels.

And yet...Here we are, two and a half years into a global pandemic, wondering when things will ever resume, sitting in our same desk chairs and couches that are in some ways more important for seeing people than our cars. There is not a lot of sense of renewal, we feel the void of friendships. Some of us have slipped into sadness, or worse. This has been a very hard time for all too many of us, compounded by fears of COVID undermining our health and that of our loved ones, not to mention the sense that this is our new normal, an uncertain future in which we live in a sometimes dystopic reality. How do we manage this daunting reality, which has dashed our children’s dreams and sapped our strength from the normal joy of new beginnings?

Judaism provides at least a partial answer. Ours is a communal tradition that demands that we stay in relationship with one another. “*Kol Yisrael areivim zeh lazeh*, All of Israel is intermingled with one another,” teaches the Talmud; “doing Jewish” is not performed in isolation, but rather in community. This reality, that we need a *minyan* (a Jewish prayer quorum) of ten to recite various prayers or of three to recite the *Birkat Hamazon* (Grace after meals) serves to remind us that we are not allowed to disappear from others; moreover, it is requisite for us to check in on one another, ask how people are doing, celebrate one another’s joys and empathize with one another’s sorrows. No world religion has been more celebrated for its commitment to community than ours; when we frequently cite Ahad Haam’s famous dictum as Ilene has in this Shofar, “More than the Jews have kept the Sabbath, the Sabbath has kept the Jews,” what we are acknowledging is that our traditions bring us in perpetual relationship with one another, that some of us are drawn more to one another than even to Gd. If we were to take a poll at Temple Beth El and you were answer, “Why do I connect to the synagogue?” my guess is that the vast majority of people would actually say it’s feeling like they belong and that they matter that embodies their commitment to TBE, more than fealty to the sometimes abstract, sometimes seemingly absent God that has brought us all together at Sinai in the first place.

The pandemic has altered our sense of community. We see each other at Shabbat services, but we cannot actually embrace, share the air of sacred space, sing our prayers in exquisite harmony with one another. However, this does not change the fact that we are all just a phone call away from one another, that nothing prevents us from meeting with PPE and checking in on one another. It just becomes harder. *Kol Yisrael arevim zeh lazeh, umi k’amcha yisrael?* “All of Israel is intermingled; who is like Your People Israel?”

So as we cycle through a series of Jewish new year holidays in September, besides observance of the traditions, I encourage you to pick up your TBE Directory and call one another, say hi, arrange for outdoor coffee, whatever it takes to ensure that we are a *Kehilah Kodesh*, a sacred community, that is invested in one another. Perhaps that will be its own form of renewal, so that we can make 5782 a year of interconnectedness and love and compassion for all.

A handwritten signature in black ink that reads "Jonathan Klein". The signature is stylized and cursive.

President Schechter's Perspectives



L'Shana Tova!

It is bittersweet to announce that Temple Beth El member and KGET reporter Eytan Wallace has left Bakersfield. Eytan has accepted a position at a major news outlet in Sacramento, where I'm sure he will do fantastic work! Eytan has led services over the past three years, teaching us new melodies for songs he had learned from his teacher, who had created these melodies. He has been involved with the Young Professionals group and lent his voice and experience in other areas of Temple Beth El life. Please wish Eytan a "Mazel Tov" on his new journey!

In June and July we had the leadership and gifts of David Greenfield, who taught us about "Jewish Graphic Novels." He offered his expertise in leading this program. I never thought I would learn from this medium but I truly enjoyed this class. We learned about the Jewish Gangsters, the Golem Baseball Hitter and the Crypto Jews from Spain, among other stories. David also presented lists of other Jewish Graphic Novels. I'm sure they are just as informative and entertaining as what we read, and David would love to be involved in your search to read these novels. Yasher Koach, David!

Our Re-Opening Task Force, Religious Practices Committee, and Board met and decided to shift back to Zoom-based worship services and Religious School due to the significant new challenges of the dangers of the latest variant of COVID-19. The Delta variant is just too dangerous, and our goal is to keep everyone safe and healthy within our community.

Our High Holiday Services will be on Zoom, similar as last year, and we will have a bag distribution with books. Details in this Shofar.

Moreover, Simcha Set Luncheons are on hold until such time that eating out together feels safe. We had two really wonderful lunches, and when we open again we will have that fun again! Yasher Koach to all that were involved.

Yasher Koach to all the Congregants of Temple Beth El for all you do to keep us thriving!

"More than the Jewish people have kept Shabbat, Shabbat has kept the Jewish people!"

Temple Beth El where Judaism lives!

Shalom,

Ilene Schechter

Happy Birthday

- 1 Irin Mawhirter
- 1 Jerrold Rothberg
- 2 Marianne Gartenlaub
- 4 Vickie Hugo
- 6 Vivian Gonzales
- 7 Benjamin Hakimi
- 9 Melanie Rudnick
- 12 Janet Newbrough
- 15 Kerriane Escobedo
- 15 Chelsea Hampton
- 18 Terry Skinner
- 19 Diane Rogers
- 20 Sylvia Klein
- 20 Cassidy Preciado
- 26 Carla Epstein
- 27 Marsha Greenstein
- 28 Austin Rodriguez
- 30 Raul J. Escobedo III



Simcha Set Luncheon

Cancelled until further notice

For Info Contact:

Ifene Schechter @ (661) 332-1212

Marsha Parr (217) 820-9931

Publish Your News In The Shofar



Your items of interest are welcomed for publication. **Deadline is 12 noon on the 15th of the month.**

Call Lorrie at 322-7607
or email at
tbeakersfield@gmail.com

Mazal Tov

- 3 Robert & Marcy Smith
- 17 Adam & Stacey Rodriguez

Welcome To

Bright Beginnings Learning Center

2906 Loma Linda Drive, Bakersfield, CA
93305

Hours: 6:30 a.m. to 6:00 p.m.

We are a safe, respectful and loving State Licensed Preschool with a qualified staff offering the following:

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- ◆ Full-time and Part-time care available
- ◆ Sibling Discounts
- ◆ CCCC accepted
- ◆ All meals included
- ◆ Play-based program
- ◆ Online distance learning for school age children

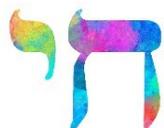


For more detailed information, contact
Bright Beginnings at:
(661) 324-1253 or
email: tonibblcdirector@gmail.com

Changes?

Please notify Lorrie in the Temple office with your membership information -- addresses (including email), phone number(s), births, marriage, yahrzeits.

Please help up keep our data base and membership directory updated.



SISTERHOOD CHAILIGHTS



September 2021

Sisterhood members continue to participate in many exciting and interesting activities! All activities have been via Zoom and will continue to be in accordance with the temple's opening status! All activities can be started at any time and no prior attendance is needed. The following is a list of activities coming up in September:

Thursday September 9th 4pm Sisterhood Leadership meeting

Sunday September 19th 3pm regular monthly Sisterhood meeting

Sunday September 26th 1pm Book Club meeting will be discussing the second section in Bread and Fire called Home and Family. The new book is The Kindness of Strangers an auto- biography by Salka Viertel. This book will be discussed on October 24th.

Sunday September 5th 1pm Cooking Class with Pamela E. She will be cooking the following recipes which can be found in Beyond Chicken Soup Volume II and can be purchased at the gift shop for \$18. Fresh Apple Cake pg 109; Blondies pg 128 and Lemon Squares pg128.

Sunday September 19th 1 pm Legacy Writing Class.

We are still in our membership drive! Please consider joining Sisterhood ! There is no obligation to participate in any activities although we would love to have you! The Cost is \$18 per year. Payments are accepted on line at the TBE website by going to the pay on line option of donations and clicking on Sisterhood. Checks made out to WOTBE can be mailed to the temple office with Linda Haikimi's name on the envelope.

Future Activities to look forward to: Latke Brunch and Rosh Chodesh

We hope to see you all at future meetings!

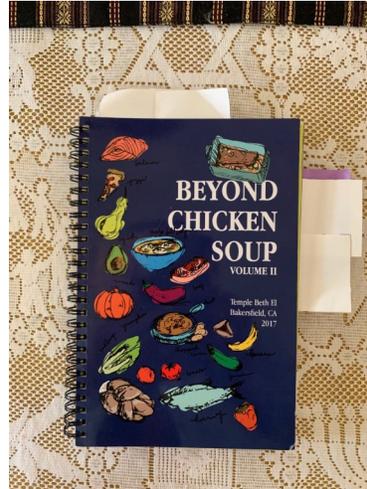
If you have any questions please feel free to email me!!

Helen Armistead- Secretary

armisteadlmft@gmail.com

WOMEN OF TEMPLE BETH EL/SISTERHOOD Presents COOKING CLASSES via ZOOM

Featuring Cooking From:



A once a month cooking class at **1 pm on a Sunday** through a Zoom meeting room, featuring Legacy recipes from the cookbook **BEYOND CHICKEN SOUP VOL II**, and an additional recipe of the cook's choice. The cookbook is on sale in the **Temple Beth El Gift Shop** if you don't have one already.

September 5, 2021; L'Shanah Tovah! Originally, **Sisterhood** was planning a **Fabulous Oneg for Rosh Hashanah Eve**, but now it will be hard to line up for the goodies because we are going to be Zooming the High Holy Day services. This class was going to demonstrate **Smashing Oneg Goodies** for people to make and then perhaps to donate to the Oneg, but guess what? You can **make them for yourselves, or give some away** to Temple members if you want. Here's the **line-up** for the Class: on **page 128** of the cookbook, two Fabulous Recipes: **Platinum Blondies from Liz Sherwyn**, and **Lemon Squares from Helen Kolatch (z"l)** who is not only a **Legacy Cook**, but a former Rabbi's wife. For demonstration purposes, we'll be making $\frac{1}{2}$ recipes of each, but you are welcome to make them whatever size you like. We will also be making **Fresh Apple Cake**, from another **Legacy Cook**, **Pauline Shinberg (page 109)** because Apples are part of our New Year's Celebration.

TO PARTICIPATE: Send us an **RSVP** via email to: wotbesisterhood@gmail.com by **September 5 at noon**. We will send you a Zoom link and the ingredient list (if you want to cook along with the cook.) **Questions?** wotbesisterhood@gmail.com

Book Club

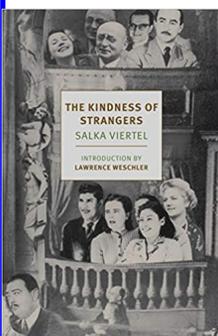


We are still reading [Bread & Fire: Jewish Women Find God in the Everyday](#) edited by Rivkah Slonim. This nonfiction anthology of stories is divided into three sections: Self, Home and Family, Community and Beyond. We decided to continue reading [Bread & Fire](#) and to focus on the second section, Home and Family, for a future Book Club meeting in the fall. So, if you have the book and didn't finish it or would like to order the book, you are not too late; click on the linked title above to see a summary, reviews, and additional links to purchase through Amazon, Barnes & Noble, and Indiebound. This title can also be purchased at [Thrift Books](#). We will continue our focus on [Bread & Fire](#) throughout this year and meet twice more to discuss each section.

Bread and Fire
Jewish Women Find God in the Everyday
edited by Rivkah Slonim
coaching editor: Liz Rosenberg

A suggestion for reading this title is to read one essay a day, as there are about 20 essays per section. The essays certainly encourage contemplation and introspection as we draw connections to these Jewish women who span a wide range of ages, backgrounds, perspectives, and professions. This title definitely sparked very interesting conversations and stories from our book club members. We look forward to continued exploration of contemporary Jewish women's spirituality in the normal pleasures and problems of a woman's world. We will meet to discuss this on Sunday, September 26th at 1pm in the TBE Zoom room.

Next Reading:



Salka Viertel was an influential actress, writer, and organizer of Jewish European immigrants in Hollywood. Viertel's autobiography tells of a brilliant, creative, and well-connected woman's pilgrimage through the darkest years of the twentieth century, a journey that would take her from a remote province of the Austro-Hungarian Empire to Hollywood. Her memoir about showbiz in the early 20th century takes the reader on a journey as she travels from the theaters of Vienna, Prague, and Berlin, to Hollywood during the golden age, complete with encounters with Franz Kafka, Albert Einstein, and Greta Garbo along the way.

Preview the book: [Google Books](#), [Amazon](#), [Barnes & Noble](#), [Ebay](#)

There are some rare 1st editions available for hefty prices, so avoid those copies.



Shalom Y'all!

Due to the ongoing pandemic, Religious School will be virtual until further notice. One of my mottos during my days as a camp counselor at URJ Camp Newman was, "Safety first, then fun," and that will apply to our TBE programming too. We have pushed back the start date of the school year so our first day of Religious School will be September 12, 2021 and I am so excited to get this year started. This will hopefully give everyone the chance to settle into the secular school year, attend virtual Rosh Ha'Shanah services, and begin the Jewish Year together as a community. With all the chaos happening around us, I turn to my Judaism as a retreat and I hope our religious school will be that retreat for our students as well.

This year we will be using a new-to-us curriculum from the URJ called Chai curriculum. I am so excited to be implementing this new program which is designed to be adapted for communities of all sizes. This is a leveled, spiraling curriculum that is built on three major ideas: Torah, Avodah, and Gimulit Chasadim. Each class will participate in discussions, ask big questions and think about what it means to be a good Jew in their daily life.

Our team of teachers from the temple community is excited to encourage deep, critical thinking at every age. Like the Maccabees, our Temple Beth El community is small but mighty, and our religious school programming will be reflective of that.

Most importantly, make sure to register your children for this upcoming school year using the link below. [ReligiousSchool](#).

Looking forward to learning and growing with you,

Sage Russinsky
Religious School Principal and Alumni



Registration for the 2021 Hanukkah Fun Runs is Now Officially Open

The 2021 Hanukkah 8 Krazy Kilometers and 2K Latke Loop Fun Run are going to be virtual races again this year due to the rise in the Covid Delta Variant . You'll be able to run an 8K or 2K distance anywhere and anytime during the eight days of Hanukkah (Monday, November 29 – Monday, December 8). Plus, you'll have the option to complete your "Solo" run at the Panorama Vista Preserve, as both courses will be marked. We will be using the Race Joy app, a mobile app that will display the course map on an iPhone or Android device, provide participants with holiday music and pacing information during their run, and automatically post their finish time to RunSignup. Awards will be given to the top finishers of the 8K solo run!

New this year, we have added a team/group option. You can create a team/group of 3 or more participants or join a friend's group and you will receive a discount on your registration. In addition, to our individual costume contest, we will have a group costume contest so that everyone can show their holiday spirit.

With your registration, you'll receive a race shirt, finisher medal, swag bag, and raffle ticket. There will be a drawing for a dozen Hanukkah cookies held each night of the race. We already have a few raffle prizes and more will be added weekly. Check out our Facebook page: Hanukkah 8 Krazy Kilometers and our website: <https://www.8krazykilometers.org/> for periodic race updates. A portion of each registration goes to the Kern River Parkway Foundation, a local non-profit organization that works to protect, preserve and restore the natural riparian and wildlife habitat of the Kern River.

Early bird registration is available now at: <https://runsignup.com/Race/CA/Bakersfield/8krazykilometers>

(Early bird registration ends on September 30)

[Do you want to help with the Hanukkah 8 Krazy Kilometers and 2K Latke Loop?](#)

We are looking for volunteers for packet pick up, sponsors, and raffle prize donations. Contact Stacy Davis - hanukkah8krazykilometers@gmail.com.

High Holidays Food Drive

Once again, Temple Beth El will be delivering the nonperishable goods collected during the High Holiday Food Drive to the Bakersfield College Renegade Pantry, where it will be distributed to food insecure students.

What can you contribute? Based on student feedback, the Renegade Pantry endeavors to offer the campus community healthy food options. When shopping, please keep in mind this list of preferred items:

- Canned protein
- Cereal (under 7 grams of sugar, at least 3 grams of fiber)
- Dried fruit with no added sugar
- Fruit canned in water or juice (not syrup)
- Fruit preserves
- Instant oatmeal
- Low-sodium soups
- Nuts
- Peanut butter
- Seeds/trail mixes
- Unsweetened applesauce
- Whole grain granola bars
- Other healthy items that can be distributed to individuals



Thanks to the Columbus Street **FoodMaxx**, you will be receiving paper bags that we encourage you to fill (purchasing items by the case is also encouraged) and then either return to the Temple lobby on **Sunday, September 19th, between 1:00pm—5:00pm**, or during regular Temple office hours.

Jill Eglund

For the Social Justice Committee

661-477-2577

September 2021 Yahrzeits

09/03 Shabbat Service Yahrzeits

Mozelle Epstein, mother of Leonard Epstein	9/04
Marcia Goldberg, sister of Risha Grosberg z"l	9/04-Elul 27
Elizabeth Holt, daughter of Catherine Holt	9/04
Lillian Pacht, mother of Terri Stanton	9/06
Leon Siegel, husband of Betty Siegel; father of Sharon Rhodes	9/06
Saul Lande, father of Rose Blatt; grandfather of Barbara Kessler; great-grandfather of David Kessler	9/07-Tishrei 1
Sharon Madson, friend of Peggie Soltis-McGraw & Connie Wellman z"l	9/07
Ida Gintzler, great-grandmother of Laura Lauria; great-great-grandmother of Amanda Garza	9/08-Tishrei 2
Joseph Polland, grandfather of Laura Lauria; great-grandfather of Amanda Garza	9/08-Tishrei 2
Vera Diamond, sister-in-law of Jess Diamond z"l	9/09
Milton Fixel, brother-in-law of Pearl Davis	9/09
Michelle Christine Munoz, niece of Steven & Gail Magnus; cousin of Elliott Magnus	9/09
Ludwig Oppenheimer, father of Judy Feldman	9/09-Tishrei 3

09/10 Shabbat Service Yahrzeits

Jose Lewi, father of Ana Genel z"l; grandfather of Janet Blumberg	9/10
Alice Weiss, grandmother of Sarah Weiss	9/11
Sidney Karren, father of Janet Newbrough	9/12
Nannie Parr, mother-in-law of Marsha Parr	9/13
Leonard Simrin, father of Stan Simrin z"l; grandfather of Susie Simrin & Amy Knight	9/13-Tishrei 7
Jessie Abowitz, mother of Rebecca Gottesman z"l	9/15-Tishrei 9
Terry O'Sullivan, uncle of Kathleen Arnold-Chambers	9/15
Benjamin Hass, grandfather of Glenn Singer	9/16

09/17 Shabbat Service Yahrzeits

Abraham Katz, father of Mark Katz	9/17
Candace Goldwater, friend of Kathleen Arnold-Chambers	9/18
Karynh Serros, niece of Marcus z"l, Milton z"l & Phil Rudnick & Miriam Stull; cousin of Joshua Rudnick & Libbie Mahan	9/18
Sonia Simrin, mother of Susie Simrin & Amy Knight; great-aunt of Adam Rodriguez	9/18
Jeanette Berman, aunt of Lisa Levine	9/19
Donna Lee Carpenter, friend of Irvin Pike & Pamela Elisheva	9/19
Stuart Bernard Elman, father of Larry Elman	9/19
Tenna Olson, sister of Denise Turner z"l	9/19
Frances Singer Elliott, aunt of Glenn Singer	9/22
Shirley Polland, grandmother of Laura Lauria; great-grandmother of Amanda Garza	9/22-Tishrei 16
Milton Joyce, M.D., father of Randy Joyce	9/23
Oscar Rudnick, father of Marcus z"l, Milton z"l & Phil Rudnick & Miriam Stull; grandfather of Joshua Rudnick & Libbie Mahan	9/23

09/24 Shabbat Service Yahrzeits

Marvin Lipco , husband of Shirley Lipco z”l; father of Sharon Lipco z”l & Lisa Levine	9/24-Tishrei 18
Morris Rothberg , father of Jerrold Rothberg	9/24
Doron Troper , remembered by Kathleen Arnold-Chambers	9/24
John Carnahan , father of Donna Schwartz	9/25
Emilio Gonzalez , brother of Rose Broida	9/25
Joyce Jacobson , grandmother of Christopher Jacobson	9/25
Julia Morantz , sister of Muriel Vekas z”l & Arline Pike z”l; aunt of Irvin Pike	9/25
Nick Fuller , son of Billie Bizieff z”l	9/26
Sandra Laibman , aunt of Larry Fish	9/28
Clarisse Schneider , sister-in-law of Norma Schwartz z”l; aunt of Jeff Schwartz & Helen Armistead	9/28-Tishrei 22
William Schneider , brother of Norma Schwartz z”l; uncle of Jeff Schwartz & Helen Armistead	9/28-Tishrei 22



Prayer Book Bookplates In Honor or In Memory of...



Bookplates are available for only \$18 each. To order, make check payable to Temple Beth El, “attention: Bookplates”.

Please include any special wording and the manner in which you want your name to appear.

Questions? Contact Lorrie at the office:
(661) 322-7607 or
tbebakersfield@gmail.com

Own Your Piece of Real Estate for Eternity

Temple Beth El maintains its own dedicated section at Greenlawn Memorial Park on River Blvd. New plot price is \$2,875. Plan ahead and buy yours today. Contact Barry Goldner through the TBE office at (661) 322-7607 or tbebakersfield@gmail.com.

Support Temple Beth El

Help us sustain our robust vision for Jewish life by contributing to any of the following funds:

General Contributions:

- Tree of Life
- Prayer Book Plates
- Memorials
- Memorial Book
- Kol Nidre
- High Holy Day Seats
- Caring Committee

Specific Funds:

- Rabbi’s Discretionary Fund
- Camperships

<https://templebethelbakersfield.org/donation/> provides these options for your contribution.

Thank you!

Contributions (7/21-8/24)

Kol Nidre

Andy & Diane Andrews

Memorials/Yahrzeit

Ronald & Laura Lauria
In memory of Pauline Shinberg

Building Fund

Wynne Waugaman & Leo Strom
New member donation

Rabbi Discretionary Fund

Andy & Ella Abrams
Ann Diamond
In memory of Vera Diamond
Barry & Theresa Goldner
Book Project

RS Donation

David Anaya & Celeste Caballero
Scholarship



Caring Committee

Judaism requires those comforting mourners to provide meals following their loved one's funeral. Temple Beth El's Caring Committee provides these **Meals of Condolence, Se'udot Havra'ah**. Please donate, <https://templebethelbakersfield.org/donate/> to the Caring Committee so that we may continue to support our mourners in their time of need.

Thank you,
The Temple Beth El
Caring Committee

Memorial Plaques

Temple Beth El provides a sanctuary for your sacred prayers, a social hall for special celebrations, a library to study our heritage, a school to teach our eternal values and ways to remember ones who are no longer with us. One way we honor those who helped shape our lives is by adding a made-to-order bronze Memorial Plaque to the walls of the Temple foyer.

Contact Andy Abrams:
aabrams@bak.rr.com

High Holy Days 2021 | 5782

ROSH HASHANAH

Monday, September 6 - Wednesday, September 8

KOL NIDRE

Wednesday, September 15

YOM KIPPUR

Thursday, September 16

SUN	MON	TUE	WED	THU	FRI	SAT
			1 5:30 PM Choir Rehearsal	2 6:00 PM Religious Practices Meeting	3 6:00 PM Schmooze 7:00 PM Shabbat Services	4 4:30 PM Text Study 8:00 PM Havdalah
5 1:00 PM Cooking Class	6 7:00 PM Rosh Hashanah Evening Service	7 10:00 AM Rosh Hashanah Morning Service	8	9 4:00 PM Sisterhood Leadership Meeting	10 6:00 PM Shabbat ShaZoom 7:00 PM Shabbat Shuvah Evening Services	11 4:30 PM Pirkei Avot Study 8:00 PM Havdalah
12 First Day of Religious School 3:00 PM Tashlikh @ Mill Creek Park	13	14 7:00 PM Board Meeting	15 6:30 PM Kol Nidrei Evening Services	16 10:00 AM Yom Kippur Morning Ser- vice 12:00 Noon Study Session 4:30 PM Afternoon Services 5:30 PM Yizkor 6:15 PM Ne'ilah/ Havdalah	17 6:30 PM Schmooze 7:00 PM Shabbat Services	18 4:30 PM Text Study 7:30 PM Havdalah
19 Religious School 1:00 PM Legacy Writing 3:00 PM Sisterhood Meeting	20 6:30 PM Sukkot Service	21 6:15 PM Religious School Committee	22	23	24 6:00 PM Shabbat ShaZoom 6:30 PM Schmooze 7:00 PM Shabbat Services	25 4:30 PM Text Study 7:30 PM Havdalah
26 Religious School 1:00 PM Book Club	27	28 7:00 PM Simchat Torah Service	29	30		



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Still not sure this is for you?

Remember, EVERY BODY *needs* "exercise". Rather - to **move** to keep you fit, lean, mentally and emotionally healthy. And dancing is a great mood enhancer (endorphins). I provide plenty of modifications throughout the program. The music is lively, you can do it sitting or standing and it's **FREE!** Classes are at 6:15 P.M. Mondays, Wednesdays and Fridays; and if there is an interest, I can start an 11:00 a.m. class.

Zoom ID: 940 428 5515 Email me at:

lorrielarribas@gmail.com and just ask for the Zoom passcode.

Email me to schedule a demo at one of your monthly meetings!

**E-mail Shofar submissions to tbebakersfield@gmail.com
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